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STEPHEN
SWANSON

WALLSTREET'S TIMING SECRET

WELCOME

In a recent video series, I showed you how to amass profits from intermediate market moves that develop on average, six times per year. Those spectacular 4-6 week runs occur with incredible persistence and allow us to keep earning outsized double digit gains year after year.

What we could not cover in those videos however, was how we also tap into faster moving cycles. Those appear in-between each intermediate trending period and can generate even more frequent and just as highly profitable trades.

In this eBook, I'll walk you through some of the basics of our ground-breaking MTP trading process to show you how to master the use of faster trading timeframes. You're also going to see a favorite and highly profitable ETF strategy of mine, as well as see how we capture massive profits using super-fast trading signals from intraday charts.

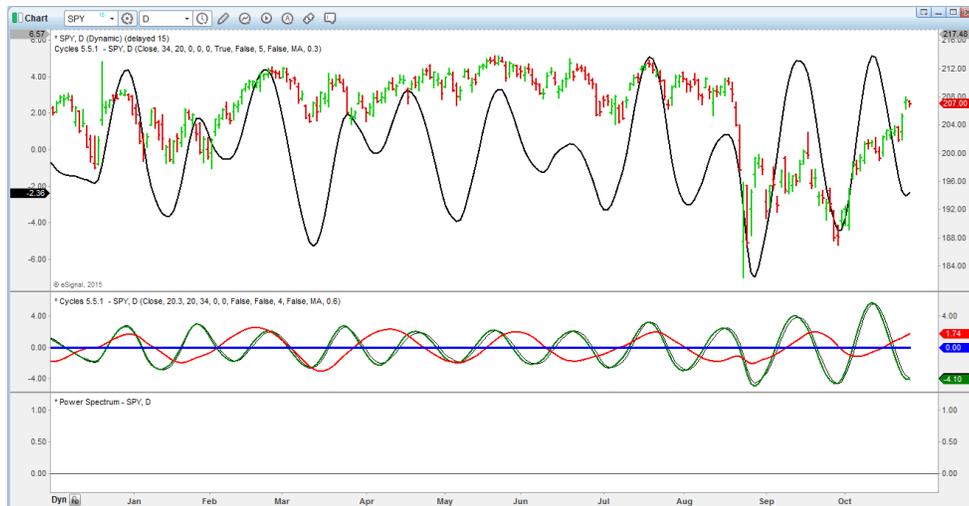
Keep in mind, everything here has been condensed for a quick read, so make sure you don't miss a word!

FASTER SWINGS

Throughout most of 2015, only a few intermediate trades were triggered as a result of markets moving in some very persistent sideways chop. Most hedge funds were upside down at least -4% on the year, Mutual Funds were lucky if they were able to break even, and Even Warren Buffet's Berkshire Hathaway shares ended 2015 with nearly a 12% LOSS. For most, 2015 was tough year indeed.

But even at times when markets are apparently choppy and your favorite trading time-frame isn't producing the kind of returns you had hoped (intermediate in this case), there is almost always another where better trading opportunities will exist.

In 2015 for example, the best trading opportunities were found by shifting away from an intermediate term trade to a slightly faster, albeit very regular, 20 day cycle oscillation. That 20 day periodicity along combined with another dominant 34 day cycle in the markets, are displayed on this first \$SPX price chart:



In the lower panel of the chart, a 20 and 34 day cycle oscillation is plotted that continued to rhythmically move throughout 2015. By adding those two cycle values together (20 & 34), we can create a summation of those, which is then imposed on top of the \$SPX price. That (black) summed line provides a very clear reference point where each \$SPX low and high were expected.

Remember, a 20 day cycle can represent monthly options expiration periods, as well as a typical 20-22 days of regular trading in each month.

While it may seem crazy to think of markets operating with such rhythmic behavior, a thoughtful examination of when economic data announcements are made can help clarify reasons behind time based fluctuations in the markets.

CYCLICAL REASONING

For example: Why would markets demonstrate regular 20, 34, and 58 day oscillations?

First, recognize that our discussion of cycles is a representation for the number of trading days excluding weekends and holidays and is not a calendar based number. Each as you will see however can be correlated to time between calendar based economic announcements.

The 20 day cycle for instance, is associated with the number of trading days occurring each month (averaging 22 days). Other time based oscillations are also associated with other economic data (or key periods) such as: options expirations, monthly accounting and taxes,

Treasury auctions, 401k contribution periods, unemployment reports, new home sales, durable goods, GDP, consumer sentiment, to mention just a handful.

Here is a list of reported economic announcement during just a single week:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec																			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Monday Oct 26			Tuesday Oct 27				Wednesday Oct 28				Thursday Oct 29				Friday Oct 30															
Market Focus > Market Reflections > International Perspective > Simply Economics > New Home Sales [R] ★ 10:00 AM ET Dallas Fed Mfg Survey [R] ★ 10:30 AM ET 4-Week Bill Announcement [R] 11:00 AM ET 3-Month Bill Auction [R] 11:30 AM ET 6-Month Bill Auction [R] 11:30 AM ET			Market Focus > Market Reflections > FOMC Meeting Begins* Durable Goods Orders [R] ★ 8:30 AM ET Redbook [R] ★ 8:55 AM ET S&P Case-Shiller HPI [R] ★ 9:00 AM ET PMI Services Flash [R] ★ 9:45 AM ET Consumer Confidence [R] ★ 10:00 AM ET Richmond Fed Manufacturing Index [R] ★ 10:00 AM ET State Street Investor Confidence Index [R] ★ 10:00 AM ET 4-Week Bill Auction [R] 11:30 AM ET				Market Focus > Market Reflections > MBA Mortgage Applications [R] ★ 7:00 AM ET International trade in goods [R] ★ 8:30 AM ET EIA Petroleum Status Report [R] ★ 10:30 AM ET 2-Yr FRN Note Auction [R] 11:30 AM ET 5-Yr Note Auction [R] 1:00 PM ET FOMC Meeting Announcement [R] ★ 2:00 PM ET				Market Focus > Weekly Bill Settlement GDP [R] ★ 8:30 AM ET Jobless Claims [R] ★ 8:30 AM ET Dennis L. Gartman Speaks 9:10 AM ET Bloomberg Consumer Comfort Index [R] ★ 9:45 AM ET Pending Home Sales Index [R] ★ 10:00 AM ET EIA Natural Gas Report [R] ★ 10:30 AM ET 3-Month Bill Announcement [R] 11:00 AM ET 6-Month Bill Announcement [R] 11:00 AM ET 7-Yr Note Auction 1:00 PM ET Farm Prices ★ 3:00 PM ET Fed Balance Sheet ★ 4:30 PM ET Money Supply ★ 4:30 PM ET				Personal Income and Outlays [C] ★ 8:30 AM ET Employment Cost Index [C] ★ 8:30 AM ET Chicago PMI [C] ★ 9:45 AM ET Consumer Sentiment [C] ★ 10:00 AM ET John Williams Speaks 10:00 AM ET Esther George Speaks 11:25 AM ET Baker-Hughes Rig Count ★ 1:00 PM ET															

A 34 day cyclical represents slightly more than six weeks of actual trading days, and closely aligns with the periodic meetings of the Federal Reserve with their interest rate announcements.

The 58 day cycle (or 11.6 weeks) can be attributed to the required quarterly reporting period (every 12 weeks) and also, the release of the GDP report.

Because of the calendar dates for which determines these data are released, daily market activity carries a high degree of calendar influence. And due to the forward looking nature of markets, those time periods tend to stimulate a high degree of investor anticipation and activity beforehand. That anticipation is followed by post announcement acceptance, and markets will either face a continuation of the move, or begin to fade.

Directional changes in the markets are therefore, not really random. They are well timed and even directionally orchestrated by what “insiders” know.

Although you and I will never have access to all of that essential data in advance, you are probably well aware there are many firms and/or individuals who do. It provides them a huge trading advantage over the general public, and although illegal in many instances, “smart money” trading activity will probably never disappear. Especially when you consider that even members of congress are allowed to trade based on any inside information they discover while in office.

Regardless of that insider behavior, we need not become frustrated by such questionable practices, instead, why not turn their behavior to our advantage?

You see, their systematically timed trading behavior becomes quite obvious when we employ MTP’s formidable computer algorithms to decipher it. And although that timing is not set in stone, the fact that it persists on a daily, weekly and monthly basis, allows us to turn those predictable trading patterns into significant profits for our own accounts.

CYCLICAL VOLATILITY

As an example, here’s one of my favorite strategies during 2015 - trading the SVXY (as compared to the \$SPX on this next graph).



The SVXY is an ETF (Exchange Traded Fund) that delivers an INVERSE price performance relative to the S&P volatility index, also known as the \$VIX (lower panel of chart). The \$VIX index provides a window into professional traders’ expectations of future price movement.

When volatility is low or falling (declining \$VIX), the "SVXY" will actually be moving up. What is interesting is that even during much of the sideways action of the S&P during 2015, when volatility continued to fade, the INVERSE SVXY continued to *rise*.

The next chart shows a comparison between the SVXY and the \$VIX demonstrating how the SVXY rises inversely whenever volatility is contracting:



As you can see on the chart, even while the S&P moved sideways for most of 2015, volatility continued to fall (\$VIX) which caused its inverse ETF, the SVXY to RISE! By the end of June the SVXY had climbed 60% even though the S&P was up a meager 2% during the same period.

Unfortunately, big rewards are never without risk. Because the SVXY moves inversely to the \$VIX (the reason it is called an INVERSE ETF), the SVXY will decline as volatility increases. But volatility doesn't just rise gradually; it tends to suddenly spike higher. When it does, the SVXY will fall just as sharply, if not more so.

As an example: There were several volatility spikes on the \$VIX in 2015. In July, the \$VIX jumped 40% and the SVXY fell about 35%. But in August, the steeper market decline and consequent spike on the \$VIX, caused the SVXY to decline a whopping 70%:



So while the SVXY can be an extraordinary performer when volatility is low or falling, it is certainly not something we want to hold when volatility begins to rise.

REDUCING RISK - MAXIMIZING RETURNS

What if we had a systematic way to capture those large SVXY gains at times when it was rising, but also avoid its sharp declines and even turn those into profits? And, what if that system could do the same thing for any other stock or index as well?

The great new is you can do that right now.

Every time you trade using the MTP (Market Turning Point) system you'll be tuning into the rhythm of its highs and lows as dictated by big money traders who are anticipating the next economic cycle turn. It's as close to trading perfection as any trading tool you will ever hope to find.

For example: earlier, I showed how cyclical action dominates market moves over time. Using MTP allows us to identify those periodic oscillations ahead of time so that we can initiate profitable trades at just the right time.

Let's apply that precision to the SVXY.

Volatility is very cyclical as you will see. In fact, look at the remarkable correlation between the undulations of the 20 day cycle and the price action for the SVXY on the following chart:



Let's begin by only trading long positions (due to a bullish market bias), and buy the SVXY whenever the 20 day cycle turns up. We'll sell share prices peak just when the 20 day cycle tops out and fall when that cycle begins to roll over.

To help visualize turning points within the cycle action, we'll apply a tight "offset" of the cycle using a secondary cycle as a crossover that will help highlight any directional change when it occurs.

The vertical bars on the chart correspond to trade times when that crossover occurred, with green representing our long trade of the SVXY, and white areas representing holding cash.

Using this technique, we will cash out of the trade whenever the SVXY cycle turns down. Most importantly, this strategy will take us out well ahead of the larger declines that tend to occur a couple times each year.

At the bottom of the shaded green area, are the points earned for each trade. Total results from bullish trades over that 10 months is displayed on the right hand side of the chart - \$92.55 along with the results of all bearish trades, \$83.08.

COMPOUNDING PROFITS

The next table shows what those results become when we compound only the bullish trades and reinvest the profits into more shares on each successive trade:

Using closing prices for both entries and exits, and beginning with only 100 shares, we'll buy the maximum number of shares possible from our account for each trade without using margin:

Trade	SVXY PRICE	Shares	Cost	Profit/Loss	Percent	Account	GAIN
BUY	\$ 52.48	100	\$ 5,248.00			\$ 5,248.00	
SELL	\$ 54.52			\$ 204.00	3.89%	\$ 5,452.00	3.89%
BUY	\$ 53.63	102	\$ 5,452.00				
SELL	\$ 63.93			\$ 1,047.09	19.21%	\$ 6,499.09	23.84%
BUY	\$ 62.38	104	\$ 6,499.09				
SELL	\$ 67.73			\$ 557.39	8.58%	\$ 7,056.49	34.46%
BUY	\$ 74.86	94	\$ 7,056.49				
SELL	\$ 79.92			\$ 476.97	6.76%	\$ 7,533.45	43.55%
BUY	\$ 78.34	96	\$ 7,533.45				
SELL	\$ 90.32			\$ 1,152.04	15.29%	\$ 8,685.49	65.50%
BUY	\$ 85.99	101	\$ 8,685.49				
SELL	\$ 97.40			\$ 1,152.48	13.27%	\$ 9,837.97	87.46%
BUY	\$ 73.34	134	\$ 9,837.97				
SELL	\$ 94.59			\$ 2,850.52	28.97%	\$ 12,688.49	141.78%
BUY	\$ 95.84	132	\$ 12,688.49				
SELL	\$ 93.67			\$ (287.29)	-2.26%	\$ 12,401.19	136.30%
BUY	\$ 42.88	289	\$ 12,401.19				
SELL	\$ 57.53			\$ 4,236.88	34.17%	\$ 16,638.08	217.04%
BUY	\$ 47.64	349	\$ 16,638.08				
SELL	\$ 57.01			\$ 3,272.43	19.67%	\$ 19,910.51	279.39%

In 10 months there was only one small loss, which is actually an incredible feat during a time when markets were choppy during most of the year. In all, the long and short strategy grossed a return of 279%!

Now let's add three short trades that could have also been played to our net results (Note: We'll only short when the long term cycle on our chart -204 days in this case - is also in decline):

Trade	SVXY PRICE	Shares	Cost	Profit/Loss	Percent	Account	GAIN
BUY	\$ 52.48	100	\$ 5,248.00			\$ 5,248.00	
SELL	\$ 54.52			\$ 204.00	3.89%	\$ 5,452.00	3.89%
BUY	\$ 53.63	102	\$ 5,452.00				
SELL	\$ 64.33			\$ 1,087.76	19.95%	\$ 6,539.76	24.61%
BUY	\$ 62.38	105	\$ 6,539.76				
SELL	\$ 67.73			\$ 560.88	8.58%	\$ 7,100.64	35.30%
BUY	\$ 74.86	95	\$ 7,100.64				
SELL	\$ 82.31			\$ 706.65	9.95%	\$ 7,807.29	48.77%
BUY	\$ 78.34	100	\$ 7,807.29				
SELL	\$ 90.32			\$ 1,193.91	15.29%	\$ 9,001.20	71.52%
BUY	\$ 85.99	105	\$ 9,001.20				
SELL	\$ 97.40			\$ 1,194.37	13.27%	\$ 10,195.57	94.28%
SHORT	\$ 95.45	107	\$ 10,195.57				
COVER	\$ 73.34			\$ 2,361.70	23.16%	\$ 12,557.27	139.28%
BUY	\$ 72.68	173	\$ 12,557.27				
SELL	\$ 94.59			\$ 3,785.49	30.15%	\$ 16,342.76	211.41%
BUY	\$ 94.97	172	\$ 16,342.76				
SELL	\$ 93.67			\$ (223.71)	-1.37%	\$ 16,119.05	207.15%
SHORT	\$ 91.84	176	\$ 16,119.05				
COVER	\$ 42.88			\$ 8,593.08	53.31%	\$ 24,712.14	370.89%
BUY	\$ 47.89	337	\$ 16,119.05				
SELL	\$ 57.53			\$ 3,244.68	20.13%	\$ 27,956.81	432.71%
SHORT	\$ 57.50	486	\$ 27,956.81				
COVER	\$ 45.49			\$ 5,839.33	20.89%	\$ 33,796.14	543.98%
BUY	\$ 47.64	709	\$ 33,796.14				
SELL	\$ 59.70			\$ 8,555.45	25.31%	\$ 42,351.59	707.00%

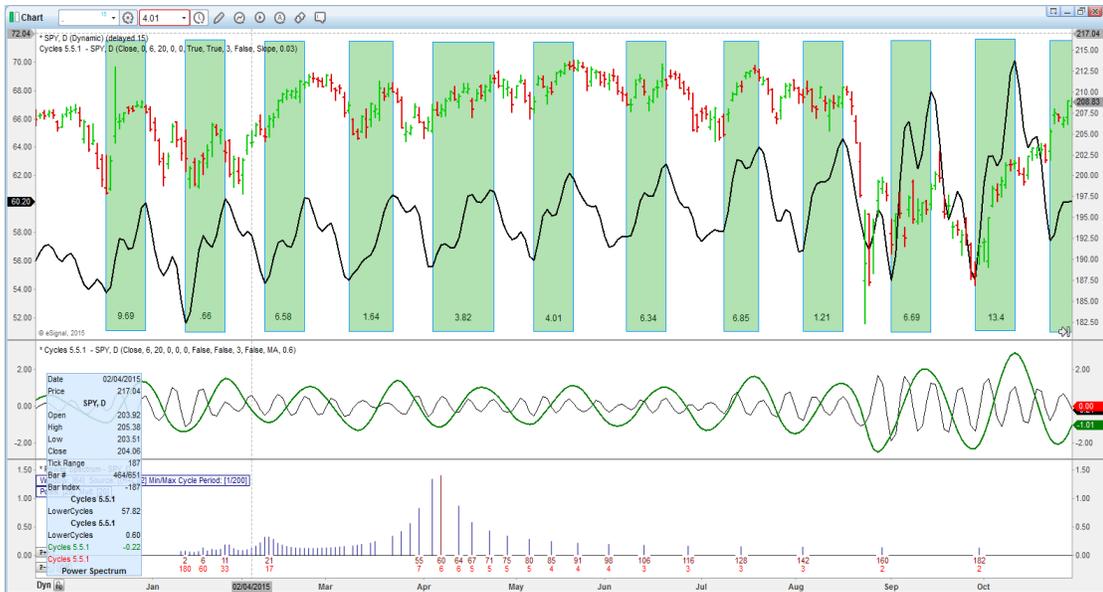
By using the cyclical timing that Market Turning Points provides, we had only one small loss out of the 13 trades over between January and November (-1.37%). Overall, the MTP approach netted a HUGE 707% in just 10 months, and an astonishing 18.65% average gain per trade!

You wouldn't mind turning a \$5,248 account into nearly \$42,351 in just 10 months, would you?

This technique can also be applied to any number of individual ETF's or stocks to achieve similar results. The only modification when using individual stocks may be the need to use different cyclical periods and/or a combination other cycles to perfect our timing (the stock may not cycle exactly on time with the markets generally).

MTP WITH OTHER STOCKS/ETF'S

Here's the same approach on the ETF which tracks the S&P500, or the SPY.



In this example, we're trading the SPY using the MTP method, but because of its more complex activity, we'll apply two of its faster dominant cycles to the analysis instead of just one. In this case, we'll be combining the periods of 6 and 20 days.

The chart again shows how we entered each trade at an expected cyclical low, where both the 20 and 6 day cycles bottomed nearest to each other. We exited the trade at the 20 day cycle peak when the 6 day cycle was also peaking closest to that point (often slightly afterwards).

It's fairly simple to know the precise day to enter and exit too. The 20 day cycle will have roughly 10 days up and 10 days down, while the 6 day cycle will have three days up followed by three days down. We can literally count those cycle times out to our next trade should we choose, but the MTP software simplifies it all for us.

This MTP trading approach netted 60.80 SPY points in just under a year. Compare that to the paltry 8 points gained by SPY over the same time, amounting to a mere 3.5%. Our approach provided a compounded return that was 10 TIMES GREATER than buy and hold, and we ended up with gains over 35% for the same time!

HINT: How about even bigger returns? Try using the double beta version of the SPY instead (the SSO), where a 1% move on the SPY creates a 2% move on the SSO, which would have doubled your return to over 70%!

Again, we traded long positions during the period examined, but clearly, adding short positions could have dramatically increased returns, especially considering the two strong decline periods that occurred during the year.

Let's now add those short positions to our strategy:



Method: In this chart, we sell the SPY short whenever the combined 20/6 day cycle line (top panel) peaks. For simplicity, we'll conservatively take that short position only when the combined cycle peaks, and hold it until the first 6 day cycle bottom afterwards. (We could also re-enter a second short position after a second 6 day cycle peaks, as long as the 20 day cycle is still in decline.)

Here's the table of trades, and the compounded returns from both the long and short positions:

	Date	Trade	XIV PRICE	Shares	Cost	Profit/Loss	Percent	Account	GAIN
1	12/16/14	BUY	\$ 197.91	100	\$ 19,791.00			\$ 19,791.00	
	12/30/14	SELL	\$ 207.60			\$ 969.00	4.90%	\$ 20,760.00	4.90%
2	12/30/14	SHORT	\$ 207.60	100	\$ 20,760.00				
	1/5/15	COVER	\$ 201.72			\$ 588.00	2.83%	\$ 21,348.00	7.87%
3	1/13/15	BUY	\$ 185.02	115	\$ 21,348.00				
	1/27/15	SELL	\$ 202.74			\$ 2,044.57	9.58%	\$ 23,392.57	18.20%
4	1/27/15	SHORT	\$ 202.74	115	\$ 23,392.57				
	1/30/15	COVER	\$ 199.45			\$ 379.61	1.62%	\$ 23,772.18	20.12%
5	2/9/15	BUY	\$ 204.63	116	\$ 23,772.18				
	2/23/15	SELL	\$ 211.21			\$ 764.41	3.22%	\$ 24,536.59	23.98%
6	2/23/15	SHORT	\$ 211.21	116	\$ 24,536.59				
	2/27/15	COVER	\$ 210.66			\$ 63.89	0.26%	\$ 24,600.48	24.30%
7	3/9/15	BUY	\$ 208.36	118	\$ 24,600.48				
	3/23/15	SELL	\$ 210.00			\$ 193.63	0.79%	\$ 24,794.11	25.28%
8	3/23/15	SHORT	\$ 210.00	118	\$ 24,794.11				
	3/26/15	COVER	\$ 205.27			\$ 558.46	2.25%	\$ 25,352.57	28.10%
9	4/2/15	BUY	\$ 206.44	123	\$ 25,352.57				
	4/23/15	SELL	\$ 211.16			\$ 579.66	2.29%	\$ 25,932.23	31.03%
10	4/23/15	SHORT	\$ 211.16	123	\$ 25,932.23				
	4/30/15	COVER	\$ 208.46			\$ 331.58	1.28%	\$ 26,263.81	32.71%
11	5/7/15	BUY	\$ 208.87	126	\$ 26,263.81				
	5/19/15	SELL	\$ 213.03			\$ 523.09	1.99%	\$ 26,786.90	35.35%
12	5/19/15	SHORT	\$ 213.03	126	\$ 26,786.90				
	5/26/15	COVER	\$ 210.70			\$ 292.98	1.09%	\$ 27,079.88	36.83%
13	6/9/15	BUY	\$ 208.45	130	\$ 27,079.88				
	6/19/15	SELL	\$ 210.81			\$ 306.59	1.13%	\$ 27,386.46	38.38%
14	6/19/15	SHORT	\$ 210.81	130	\$ 27,386.46				
	6/24/15	COVER	\$ 210.50			\$ 40.27	0.15%	\$ 27,426.74	38.58%
15	7/9/15	BUY	\$ 204.90	134	\$ 27,426.74				
	7/21/15	SELL	\$ 211.75			\$ 916.90	3.34%	\$ 28,343.64	43.21%
16	7/21/15	SHORT	\$ 211.75	134	\$ 28,343.64				
	7/27/15	COVER	\$ 206.79			\$ 663.92	2.34%	\$ 29,007.56	46.57%
17	8/4/15	BUY	\$ 209.38	139	\$ 29,007.56				
	8/17/15	SELL	\$ 210.59			\$ 167.63	0.58%	\$ 29,175.19	47.42%
18	8/17/15	SHORT	\$ 210.59	139	\$ 29,175.19				
	8/24/15	COVER	\$ 189.55			\$ 2,914.89	9.99%	\$ 32,090.08	62.14%
19	9/1/15	BUY	\$ 191.77	167	\$ 32,090.08				
	9/15/15	SELL	\$ 198.46			\$ 1,119.48	3.49%	\$ 33,209.56	67.80%
20	9/17/15	SHORT	\$ 198.46	167	\$ 33,209.56				
	9/21/15	COVER	\$ 196.46			\$ 334.67	1.01%	\$ 33,544.23	69.49%
21	9/29/15	BUY	\$ 188.27	178	\$ 33,544.23				
	10/12/15	SELL	\$ 201.52			\$ 2,360.76	7.04%	\$ 35,904.99	81.42%
22	10/22/15	BUY	\$ 205.26	175	\$ 35,904.99				
	11/4/15	SELL	\$ 210.07			\$ 841.39	2.34%	\$ 36,746.38	85.67%

Adding short positions when cyclically indicated boosted our overall return to 85.67% and could have been much higher had we taken a second short position on the next 6 day cycle peak. Shorting more than doubled our “long only” strategy, and had we played the SSO instead, the return would have been closer to 170% for the same 10 months shown.

FASTER CHARTS = EVEN FASTER PROFITS

We’ve seen how to generate astonishing returns using MTP to pinpoint entries and exits on daily charts, and against multiple symbols. But what about using it faster timeframes too? Can it work on something like a 15 minute chart?

Again, the terrific news is YES it can, and does so with as good or even better results. There are just a couple adjustments we want to make in the set-up.

First, faster charts have significantly more “noise” in the form of intraday volatility. To compensate for that, we’ll increase the number of cycles to more precisely focus our timing to avoid some of that whipsaw action.

Second, because we also prefer to trade in the direction of the bigger trend, we’ll add a longer cycle derived from a daily chart - in this case the 20 day cycle, to be our trend. A 20 day cycle is actually 520 fifteen minute periods, so we’ll want to bullishly trade only while that 520 period cycle is rising, and bearishly trade only when the 520 period is declining.

Next, is an example of the 15 minute chart of the SVXY (inverse volatility ETF), using MTP's 20, 6, and 3, day cycles. The bottom panel shows the 20 and 6 day cycles, while the 3 day cycle is imposed over the price action of the SVXY:

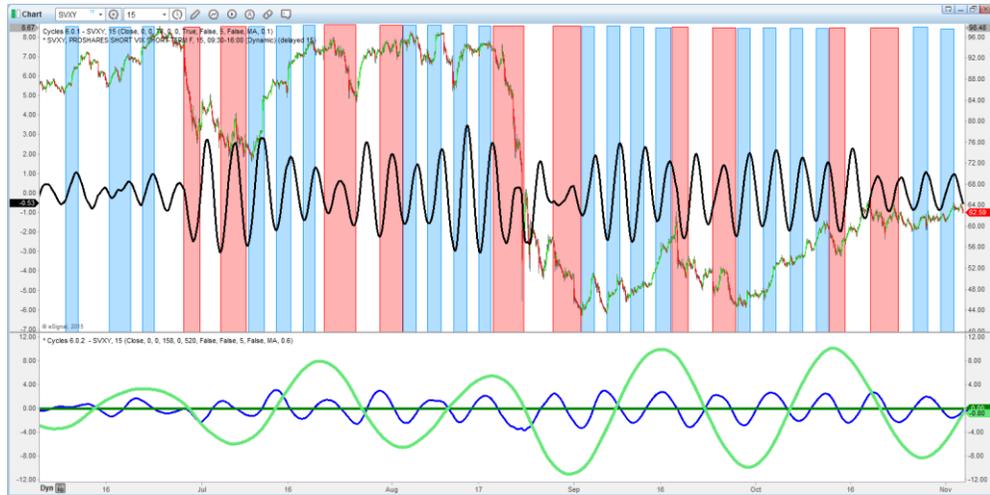


Whenever the 520 period cycle is rising, we look for entry points where the 3 day cycle is bottoming. The blue bars on the chart represent those times we take a long position. Exits are identified each time the 3 day cycle tops out. While we would miss some of the upside by only

trading when the 20 day cycle is rising, you can see we avoid some very dangerously bearish periods where we would otherwise lose money.

Shorting can be done using the same technique in reverse - selling when both the 20 and 3 day cycles peak and begin to decline. They don't have to be perfectly aligned, we are simply looking for the closet point where both are topped out.

For a slightly longer trade, we can also short when the 20 and 6 day cycles are falling in unison (as used in this next chart).



From the five month chart of the SVXY above, let's look at a table showing the compounded returns for all of these trades (again, we'll start with 100 shares and use our account balance to accumulate additional shares with each profitable trade):

Date	Trade	XIV PRICE	Shares	Cost	Profit/Loss	Percent	Account	GAIN
6/9/15	BUY	\$ 86.09	100	\$ 8,609.00			\$ 8,609.00	
6/10/15	SELL	\$ 90.27			\$ 418.00	4.86%	\$ 9,027.00	4.86%
6/16/15	BUY	\$ 88.43	102	\$ 9,027.00				
6/18/15	SELL	\$ 91.88			\$ 352.18	3.90%	\$ 9,379.18	8.95%
6/19/15	BUY	\$ 90.98	103	\$ 9,379.18				
6/23/15	SELL	\$ 96.15			\$ 532.98	5.68%	\$ 9,912.16	15.14%
6/29/15	SHORT	\$ 95.00	104	\$ 9,912.16				
6/30/15	COVER	\$ 79.33			\$ 1,634.98	16.49%	\$ 11,547.14	34.13%
7/6/15	SHORT	\$ 78.41	147	\$ 11,547.14				
7/9/15	COVER	\$ 76.81			\$ 235.63	2.04%	\$ 11,782.77	36.87%
7/9/15	BUY	\$ 73.86	160	\$ 11,782.77				
7/13/15	SELL	\$ 84.41			\$ 1,683.02	14.28%	\$ 13,465.79	56.42%
7/14/15	BUY	\$ 87.24	154	\$ 13,465.79				
7/16/15	SELL	\$ 90.99			\$ 578.83	4.30%	\$ 14,044.62	63.14%
7/17/15	BUY	\$ 92.60	152	\$ 14,044.62				
7/21/15	SELL	\$ 93.90			\$ 197.17	1.40%	\$ 14,241.79	65.43%
7/22/15	SHORT	\$ 94.09	151	\$ 14,241.79				
7/28/15	COVER	\$ 85.05			\$ 1,368.33	9.61%	\$ 15,610.11	81.32%
7/30/15	SHORT	\$ 92.92	168	\$ 15,610.11				
8/4/15	COVER	\$ 94.80			\$ 315.83	2.02%	\$ 15,925.94	84.99%
8/7/15	BUY	\$ 95.23	167	\$ 15,925.94				
8/10/15	SELL	\$ 95.83			\$ 100.34	0.63%	\$ 16,026.29	86.16%
8/12/15	BUY	\$ 93.23	172	\$ 16,026.29				
8/13/15	SELL	\$ 96.61			\$ 581.02	3.63%	\$ 16,607.31	92.91%
8/17/15	BUY	\$ 93.63	177	\$ 16,607.31				
8/18/15	SELL	\$ 94.14			\$ 90.46	0.54%	\$ 16,697.77	93.96%
8/18/15	SHORT	\$ 93.73	178	\$ 16,697.77				
8/24/15	COVER	\$ 59.61			\$ 6,078.39	36.40%	\$ 22,776.16	164.56%
8/27/15	SHORT	\$ 55.05	414	\$ 22,776.16				
9/1/15	COVER	\$ 42.51			\$ 5,188.25	22.78%	\$ 27,964.41	224.83%
9/2/15	BUY	\$ 45.36	616	\$ 27,964.41				
9/3/15	SELL	\$ 50.22			\$ 2,996.19	10.71%	\$ 30,960.60	259.63%
9/4/15	BUY	\$ 44.38	698	\$ 30,960.60				
9/9/15	SELL	\$ 48.91			\$ 3,160.24	10.21%	\$ 34,120.84	296.34%
9/10/15	BUY	\$ 47.18	723	\$ 34,120.84				
9/11/15	SELL	\$ 52.03			\$ 3,507.55	10.28%	\$ 37,628.39	337.08%
9/15/15	BUY	\$ 51.82	726	\$ 37,628.39				
9/17/15	SELL	\$ 56.55			\$ 3,434.63	9.13%	\$ 41,063.01	376.98%
9/17/15	SHORT	\$ 57.51	714	\$ 41,063.01				
9/21/15	COVER	\$ 53.62			\$ 2,777.52	6.76%	\$ 43,840.53	409.24%
9/24/15	SHORT	\$ 48.64	901	\$ 43,840.53				
9/28/15	COVER	\$ 44.95			\$ 3,325.90	7.59%	\$ 47,166.43	447.87%
9/28/15	BUY	\$ 45.57	1,035	\$ 47,166.43				
9/30/15	SELL	\$ 46.87			\$ 1,345.54	2.85%	\$ 48,511.97	463.50%
10/1/15	BUY	\$ 47.69	1,017	\$ 48,511.97				
10/5/15	SELL	\$ 52.17			\$ 4,557.22	9.39%	\$ 53,069.18	516.44%
10/7/15	BUY	\$ 53.96	983	\$ 53,069.18				
10/8/15	SELL	\$ 54.69			\$ 717.95	1.35%	\$ 53,787.13	524.78%
10/9/15	BUY	\$ 56.95	944	\$ 53,787.13				
10/13/15	SELL	\$ 59.58			\$ 2,483.94	4.62%	\$ 56,271.07	553.63%
10/13/15	SHORT	\$ 60.02	938	\$ 56,271.07				
10/15/15	COVER	\$ 57.46			\$ 2,400.10	4.27%	\$ 58,671.17	581.51%
10/20/15	SHORT	\$ 62.64	937	\$ 58,671.17				
10/23/15	COVER	\$ 61.14			\$ 1,404.96	2.39%	\$ 60,076.13	597.83%
10/27/15	BUY	\$ 59.63	1,007	\$ 60,076.13				
10/28/15	SELL	\$ 61.06			\$ 1,440.70	2.40%	\$ 61,516.83	614.56%
10/30/15	BUY	\$ 61.45	1,001	\$ 61,516.83				
11/2/15	SELL	\$ 64.15			\$ 2,702.94	4.39%	\$ 64,219.76	645.96%

As the table demonstrates, our 15 minute chart trades last only a few days, but create an incredible 7.4% rate of return per trade! In just five months, we have effectively turned \$8,600 into \$64,211! Imagine what your account would look like after using this approach for a couple of years?

Hopefully the point is clear - MTP trading allows you to tap into the market's natural rhythms and lets you grab massive returns in a dramatically shortened period of time. There's no point in wasting time and money holding positions during counter trending action. With MTP, we don't fight the trend, or the counter-trend, but simply trade in harmony with the market's natural and highly predictable "insider" rhythms.

Coming soon, we'll look at how all of these cyclical trades can be leveraged to produce even more explosive gains...using options!

*Disclaimer – All results shown herein are for educational purposes and do not reflect the cost of commissions, slippage, or other factors that could negatively affect profits. Past results are not an indication of future performance. All investments carry the risk of losing some or all of your principle. A registered investment advisor should always be consulted regarding any investment decision.